

7Day NSS Special Camp 2022 (16th to 22nd June 2022)

Organized by
Bhairab Ganguly College, NSS Unit

Report

The first day

Our NSS volunteers come to the college from 8 am. From 8:30 a.m., a total of 50 volunteers were divided into three separate groups to clean the inside and outside of the college campus with brooms and then spread the bleaching powder. Then after thoroughly cleaning the hands and feet with handwash, the NSS and the college started preparing to hoist the flag. The parade march begins. Sayan Mukherjee, an alumnus of our college, hoisted the flag of the college through a parade of volunteers and NSS clubs in the presence of invited guests and faculty and faculty of the college. The flag of NSS was hoisted by Sutapa Giri, Senior Professor, Department of Bengali.

The second episode of the first day begins with the music of NSS by NSS volunteers. Sayan Mukherjee and Sutapa Giri delivered the inaugural address. Their discussions highlighted the great aims and functions of the NSS and the long journey of the NSS at Bhairab Ganguly College. The opening part of the first day ends with concluding music.

In the third part of the first day, there is a meeting with the volunteers which is mainly focused on the next day's work plan.

Day 1/ 1st Session



Campus Cleaning and Spraying bleaching Powder by our NSS Volunteers on 16th June, 2022

Day-1/ 2nd Session



Our College Flag Hosting by Shree Sayan Mukharjee (Member, Governing Body) and NSS Flag Hosting by Smt. Sutapa Giri, (Assistant Professor, Dept. of Bengali)

Day-1/ 3rd Session



Inauguration Programme on 16th June, 2022 (Room No 222), Speech by Sayan Mukharjee (left) & Sutapa Giri (right)



Speech on aims & objective of NSS by Dr. Rejaul Islam (Programme Officer, NSS Unit, Bhairab Ganguly College)

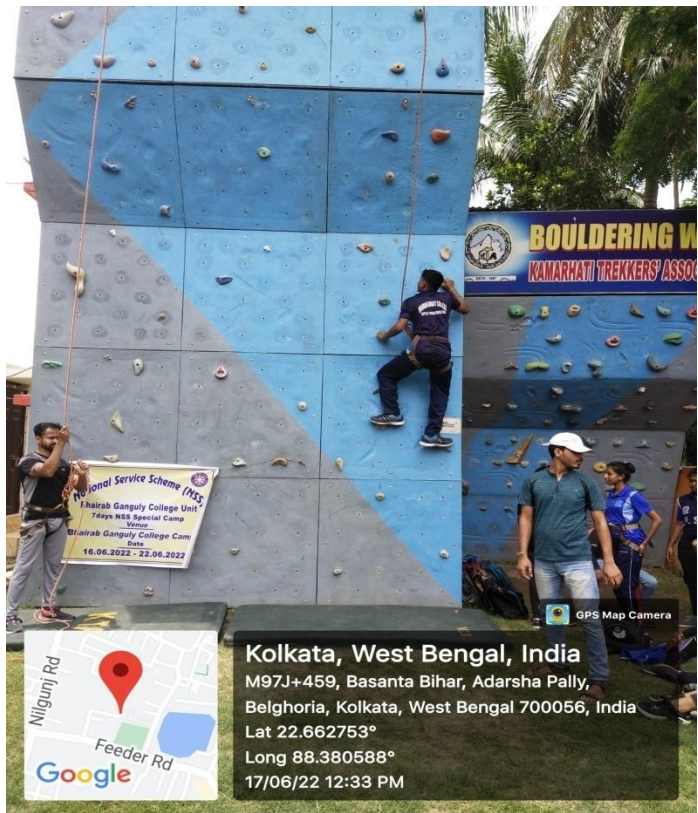
Day 2:

The day's program begins with a social awareness rally. Our volunteers carry banners and placards with slogans in different areas of Belgharia to spread awareness on social awareness issues such as ways to get rid of mosquito-borne diseases, importance of protecting the environment, prevention of wastage of drinking water, etc.

The second episode of the day starts from 11:30. According to our pre-arranged schedule, we go to Kamarhati Trekkers Association and practice rock climbing till 5 pm. Riya Pine, Biswajit Chakraborty and Debashish Roy, the skilled trainers of that association were present to teach us. The initial idea of each of our volunteers happily climbing the mountain, as well as the habit of climbing the wall. The second part of our second day ended with adequate security.



Social Awareness Rally on Vector-Borne disease, Water Consumption etc. with Placard & Banner by our NSS Volunteers.



Practice of wall climbing at Kamarhati Trekkers Association, Basanta Bihar, Belgharia, Kol – 56

Day 3:

In the first part of the day, two special lectures were given. Recently, Professor Ashok Kumar Mishra (Former Professor, Department of Bangla, Bhairab Ganguly College) spoke on one of the most important topics. The topic of his speech was awareness about Thalassemia. We have all been enriched by informative and pleasant discussions about how easily we can control this genetic disease. The second speaker of this episode was Professor Sourav Som (Former Program Officer of NSS Unit of Bhairab Ganguly College and our colleague). The topic of his speech was 'Mosquito-borne diseases and ways to prevent them'. Through PowerPoint presentation, he has highlighted the topic very nicely.

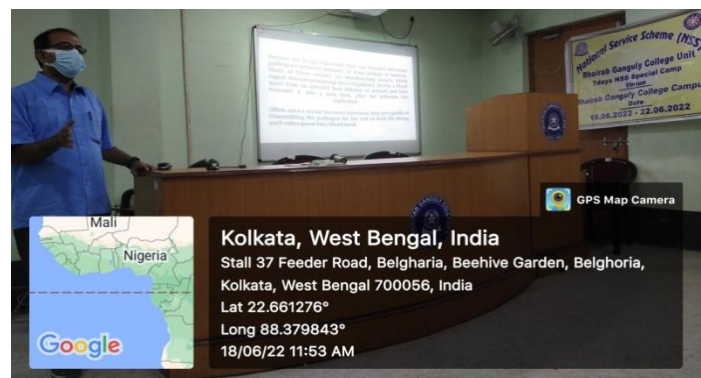
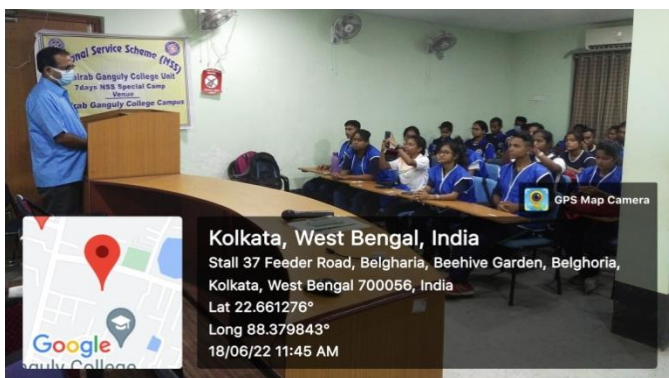
The main attraction of our second episode after the lunch break was the 'self-defense strategy'. We can feel the relevance of mastering each student's 'self-defense strategy' step by step in the contemporary situation. We got Mr. Divyendu Dey and his team to train our volunteers on the subject. This training program is very nicely conducted in the spacious room of conversation. With the help of hand-pen, the trainer showed various techniques as well as its importance and ways to master it easily. It is with great pleasure that our volunteers successfully participated in this episode.

Day- 3 / 1st Session

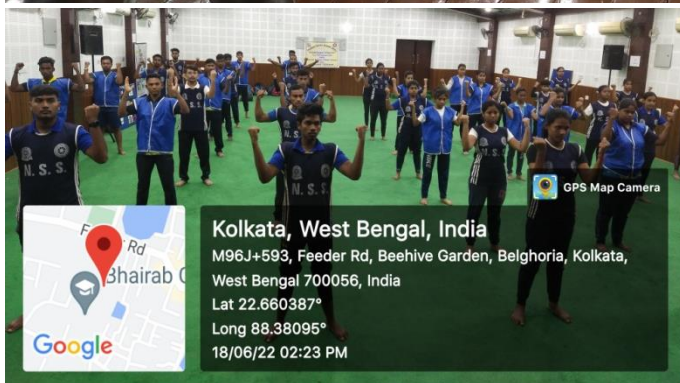
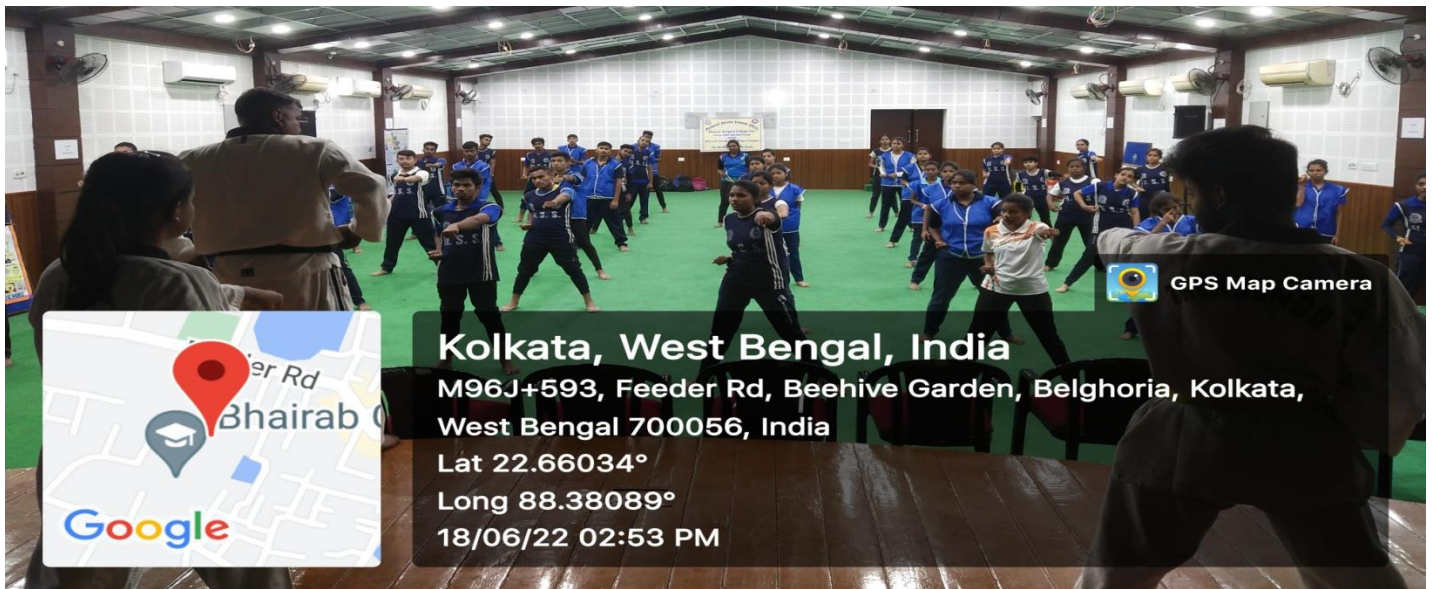


Special Lecture on “Thalassemia Awareness by Dr. Ashoke Kr. Mishra (Former Associate Professor, Dept. of Bengali, Bhairab Ganguly College)

Day-3 / 1st Session



Special Lecture on “Vector-Borne diseases and their Prevention” by Dr. Saurav Som (Former Programme Officer, NSS Unit, Bhairab Ganguly College). He has elaborate on this topic in a very nice way through a power point presentation. Our NSS volunteers have been enriched.



Training on “Self-defense for girls & boys” by Shree Dibyendu Dey & his team (20, Anandagarh, Belghoria.)

Day 4:

This day is very important for us and it was also a challenge. Today was full of multiple programs from morning till evening. Today's entire event was held at Mohini Mill Slum and the adjoining Railway Colony alone. In today's first episode, our job was to clean every corner of the area and spread bleaching powder. The task was not easy at all but with the indomitable enthusiasm and action plan of our volunteers we successfully completed the first episode.

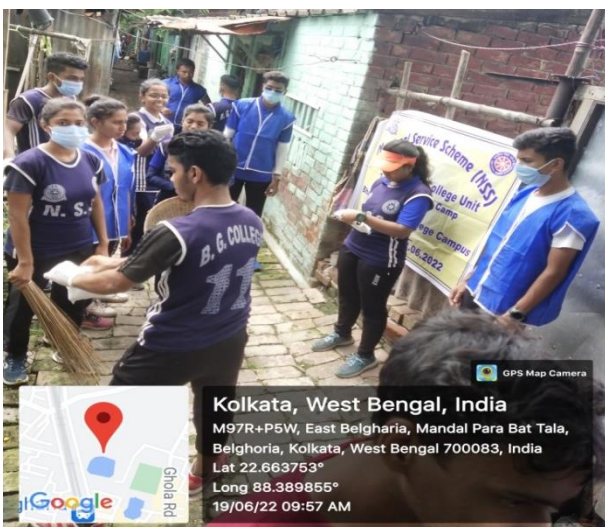
For today's second episode, we chose the seminar hall of the UNNAYANI club. Manoj Saw, Councilor of Kamarhati Ward No. 33 and his team have fully cooperated with us in this work. With their help and our plan, the health check-up of 60 needy students in the area was arranged that day. We got Dr. T. by our side in this work. K. To Pandit. He gave us 2 hours even during his busiest time. He looks after the children carefully and gives them free vitamin syrup if necessary. Not only that, he also announced that those who are relatively a little sick will be seen in his chamber for free later. We got that day from our college professor Tarashankar Maiti and his 10 enthusiastic students who examined important basics like children's height, weight, vision assessment, blood group diagnosis etc. and handed them over to the children on a card.

All children were provided lunch before the third episode today. Resuscitation training begins after lunch. In this episode, we met Richa Das Sharma, the head of the Abahaman Recitation Center. Within a limited time of one hour, he intoxicated all the children. We have noticed that many children have learned a lot there.

Today's fourth episode was a drawing competition. 70 children participated there. We give each one a drawing sheet and a packet of colored pencils. All the pictures are awesome. We are repeatedly flooded with the colorful canvas of the child's imagination. Out of them we have selected the best three whom we will reward by calling the college on the seventh day of our camp. There were more dance and song competitions in this episode. In the dance competition, I got one as the first and second as well, but in the third place, I got 3 small children in pairs. We have chosen three people as the best in the music competition.

Today's final episode was to announce the results of the competition and distribute the necessary reading materials to all the children. The children are overwhelmed by the gifts they give us. Many parents with children were also present there. They are very happy with our activities and kindly request us to do the same later.

Day-4/ 1st Session





Cleaning & Spraying of Bleaching Powder at Mohinimil Basti area. We took this slum area to Adobe this time and in the future we will do a lot more awareness work in this area.

Day-4/ 2nd Session





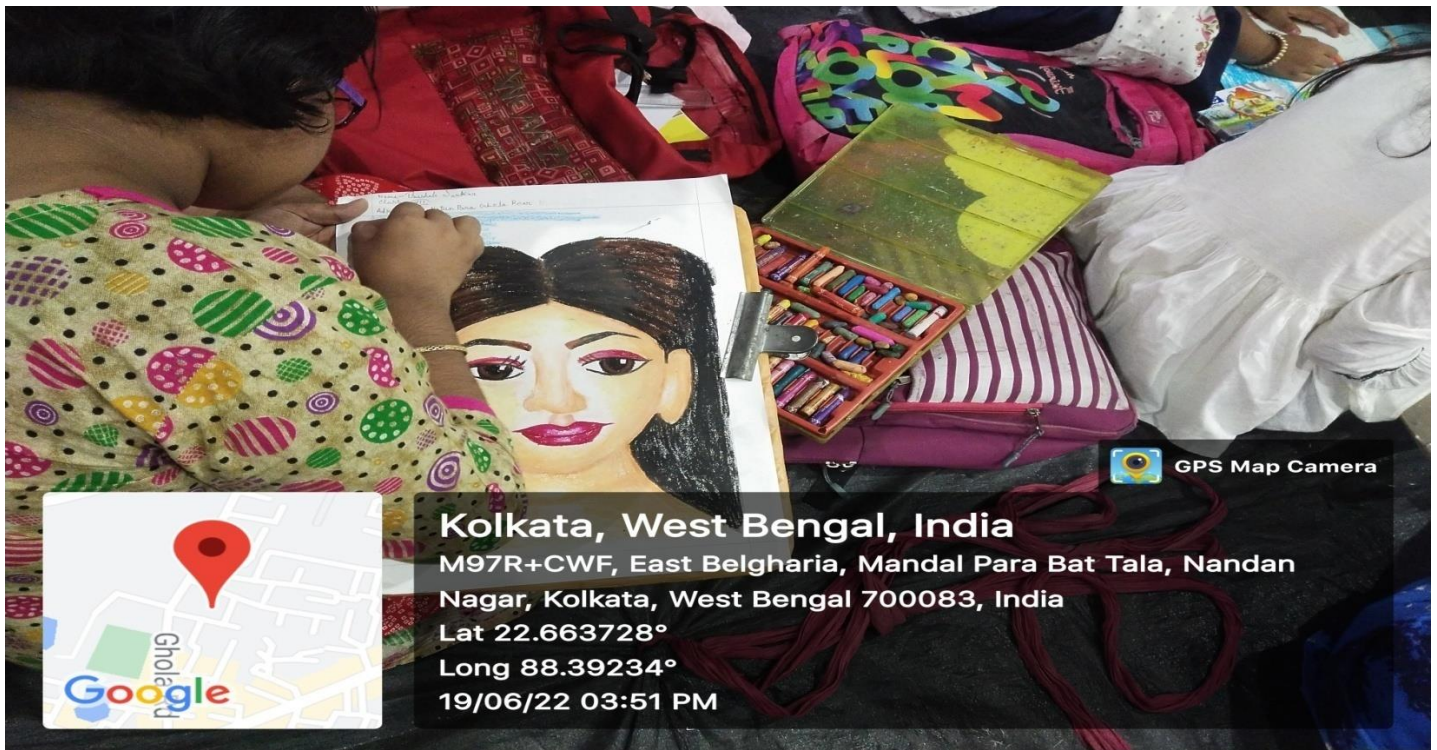
Free Health Check-up Camp. Dr. T. k. Pandit gave us two hours long in this health check-up camp. We got our associate Professor Dr. TaraShankar Maity and his ten enthusiastic students. A total of 57 children have undergone health check-ups at the camp. The doctor gave each of them a free vitamin syrup and Tarashankar Sir's team gave a card to check the hight, weight, blood group and eyesight of the children.

Day-4/ 3rd Session



Training on Recitation by Richa Das Sharma (CEO, Aabahaman Abritti Centre, Belghoria). The enthusiasm of the kids in this Programme is really worth remembering.

Day- 4/ 4th Session



Drawing Competition. About 60 children participated in this competition. From them we have chosen the first, second & third but the reflection of their basic thinking is wonderful. We organized dance and song competitions among the enthusiastic students. We chose the best three from each event. Their enthusiasm is further strengthened by the announcement of their awards and certificates on the last day of the camp.

Day-4 / 5th Session



We have some teaching materials like notebooks, pens, pencils, scales, erasers. Drawing sets etc. for 57 needy students. On that day we arranged lunch for everyone.



Winner of Singing Competition



Winner of Dance Competition



Winner of Drawing Competition

Day 5:

According to the previous plan and management, we drove from the college to the Kislay Shishu Home of the Government of West Bengal in Barasat by 11 am with 50 volunteers. Due to some restrictions due to the Corona epidemic, we were not able to hold cultural events with children this time as before. But we took 2 cricket bats, 6 stamps, 12 cricket balls, 4 footballs and food packets for the 69 children there. The older kids there reminded us of our NSS event held there earlier. They gladly accepted our gift and cordially invited us to come there next time.

From there we went back to the college to have some nice time as a group at the Siraj Udyan located next door for the mental refreshment of the volunteers.

Day-5 / 1st Session



Visit Kishalaya Child's Home, Barasat, under West Bengal Govt. For the children in the child Home we have some play equipment such as cricket set (2 bat, 6 stamps & 12 ball), 4 footballs and some food packets.



The NSS Volunteers were taken to Suraj Udyan together for a while for mental refreshment.

Day 6:

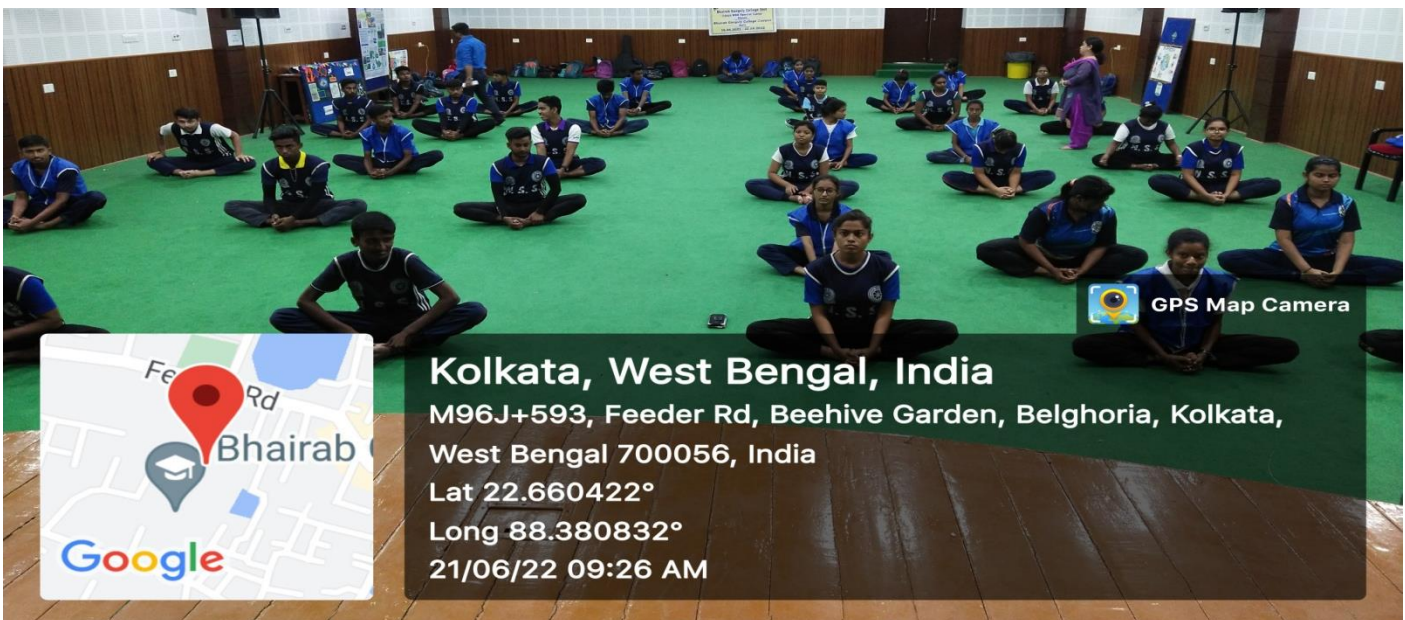
Today is International Yoga Day. With this important day in mind, our first episode starts at 8:30 am through yoga and meditation. We have Soma Pal, Tayan Mukherjee and his team as coaches in this episode. With great care they taught our volunteers the practicalities of the various important steps of yoga as well as its importance and necessity. Today's full program has been held in our college talk room.

Today's second episode was even more important. In addition to the current complexities of life, fatigue and monotony in the monotonous life is a common issue. And we have got Dr. Tania Dev, Consultant Psychologist, to apply the basic techniques of managing this stress in a practical way. Enchanted, our volunteers listened to his presentation, followed him, and were able to grasp the source of his possible solution through questions about various personal complexities.

In this second episode, another special speech was made by the professor of the botany department of our college Dr. Rupa Sanyal. She highlighted the quality of herbal medicine that has been hidden in our country since prehistoric times and various aspects of its use in the rural society at present through power point presentations. She also presented an authentic document of his research. What has been unimportant to us for so long seems to have become much more important after this speech. We all prospered.

Today's third episode featured a variety of cultural events by our volunteers. Our volunteers present music, dance and short plays in the chat room.

Day-6 /1st Session



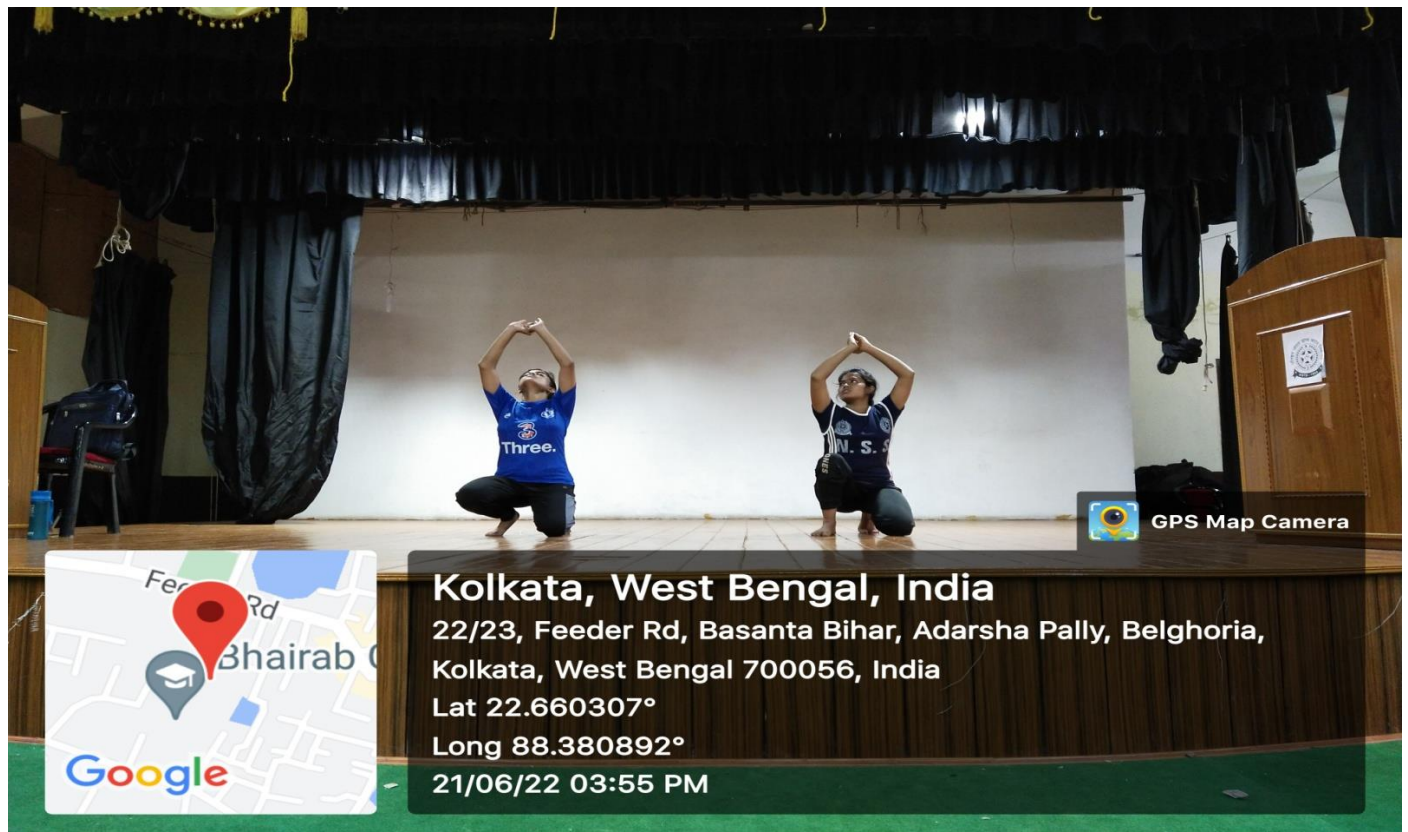
We simultaneously celebrated International Yoga Day today. That is why today was the main topic “Yoga & Meditation” by Mrs. Soma Pal and Mr. Tayan Mukharjee.



“Stress Management Training” by Dr. Tania Deb, Consultant Physiologist. This was a very important topic today. We have each prospered.



Special lecture on “Medicinal Plants : Traditions of Yesterday and Drugs Tomorrow” by Dr. Rupa Sanyal (Assistant Professor, Dept. of Botany, Bhairab Ganguly College). From prehistoric times to the present, we have learned a great deal about the properties of herbal medicine in India and its current status.



Some cultural activity presented by NSS volunteers.

Last day:

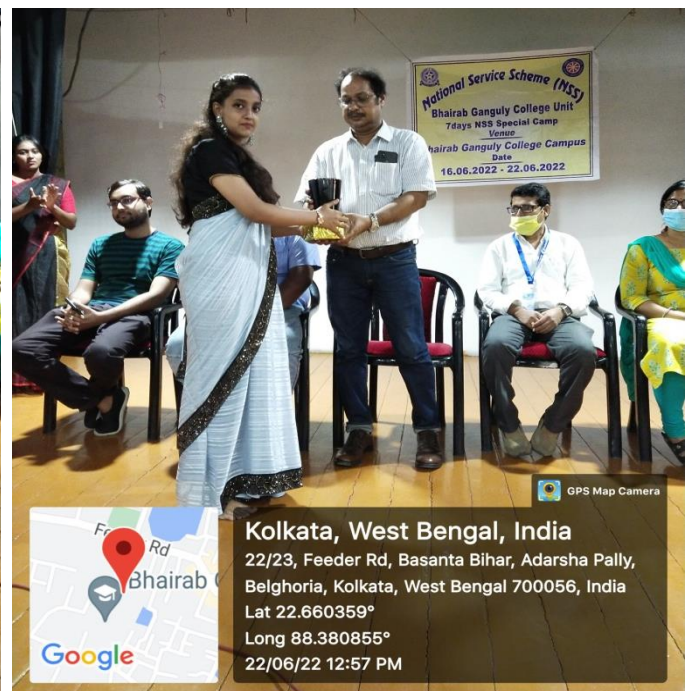
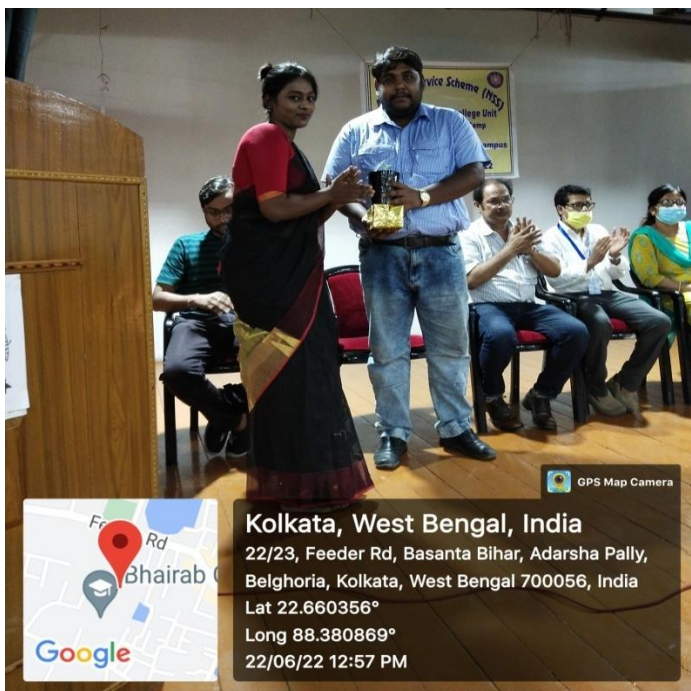
Our special attraction of the day is - Hon'ble Agnimil Das was present as an invited guest from the Regional Directorate Office of NSS. One of the members of the advisory committee of our NSS unit was Professor Makhleshwar Rahman of the Department of History, the coordinator of IQAC & Bursar Dr. Dhananjay Haldar, T.C. Secretary Dr. Shyamoli Dewan, and a member of the Governing Body of the College Sayan Mukherjee. Also present were professors from other departments of the college and parents of the award winning children of Mohini Mill area. After the reception, Prof. Makhleshwar Rahman gave a welcome speech and spoke on the path of NSS. Agnimil Das and Sayan Mukherjee spoke.

The next attraction of the day was the mime performed by our NSS volunteers on the importance and relevance of the girl child. In a very short period of time, our volunteers highlighted the difficult struggle of a single woman to overcome all the adversities of the society.

During the lunch break we arranged food for the invited guests as well as the incoming parents, the winning children. Volunteers are then divided into separate groups according to the semester, with a 20-minute group performance competition for each group.

In the last part of the last day, the award ceremony started. On the fourth day of the program, the winning children were given a memento and a certificate. Tanmoy Pal, a sixth semester student, received the Best Volunteer Award in the 2021-22 academic year. This year she physically participated in 3 National Camps (Pre RD Assam, NIC Purulia and NIC Mumbai) on behalf of the University and online participation due to Corona at the National Youth Festival 2022. A total of 9 volunteers from our college successfully participated in the National Camp this year, each of whom was given a memento to be honored in this episode. Then the flag of the college and the NSS was lowered and the official end of the seven-day program was announced.

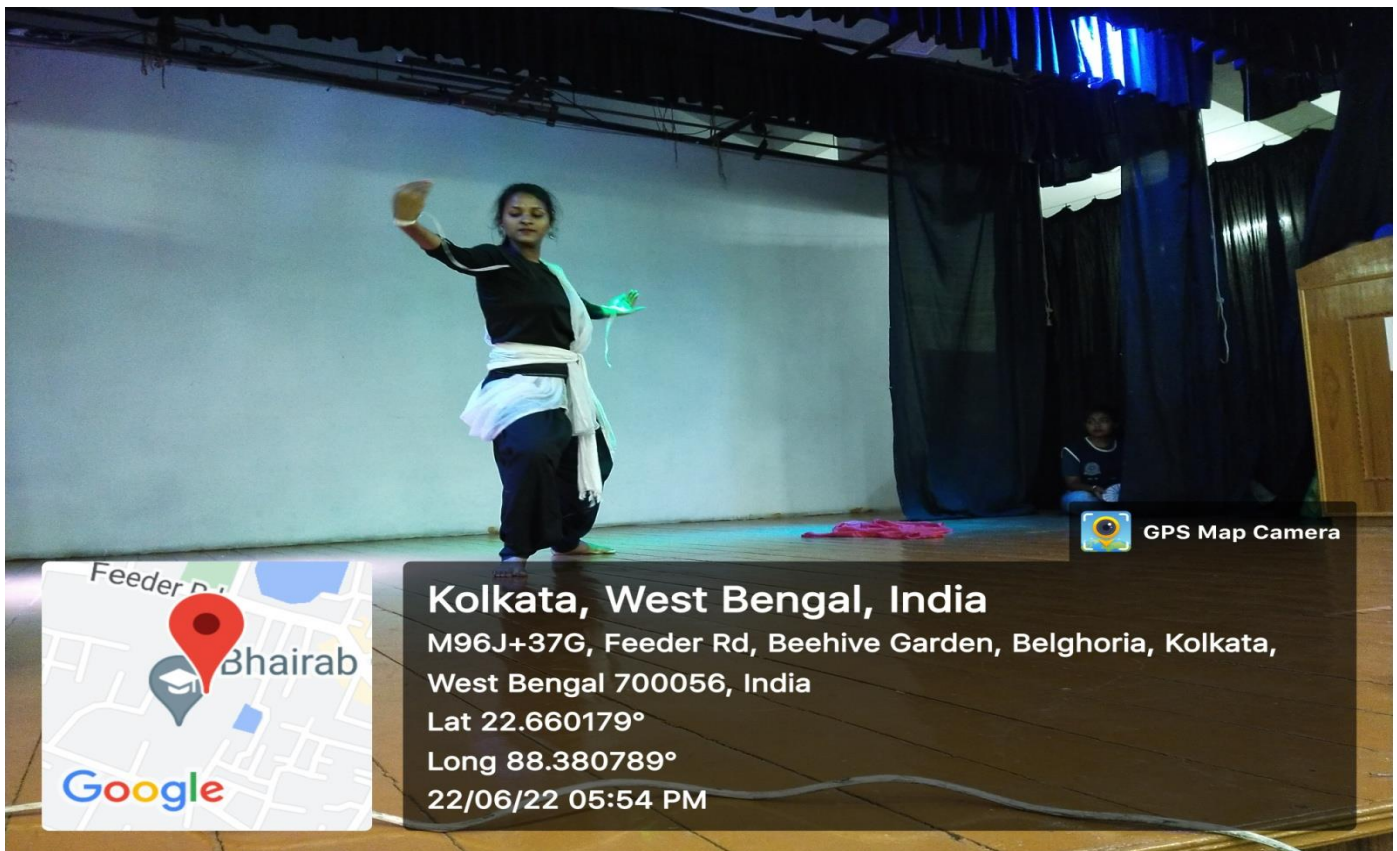
Day-7



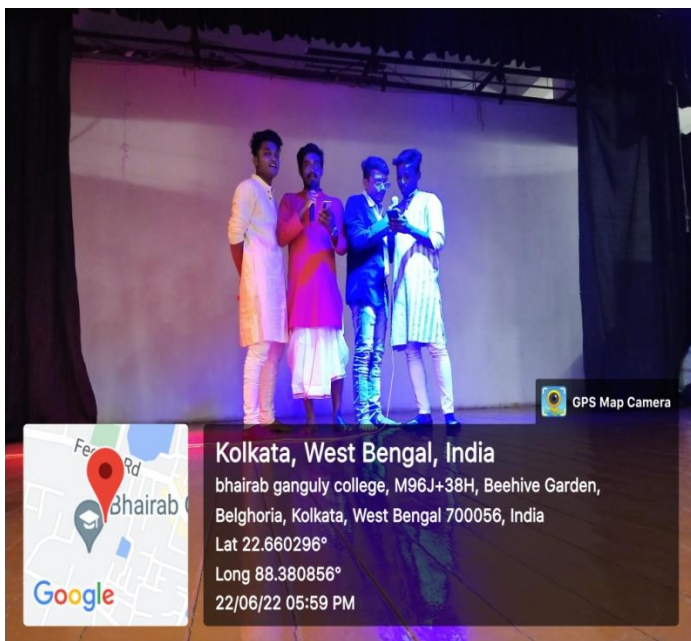
Mr. Agnimeel Das, Regional Directorate Office, NSS, Kolkata (left) and Prof. Makhleswar Rahaman (advisory Committee Member, NSS Unit, Bhairab Ganguly College)



Best NSS Volunteers Awards 2021-22 won by Tanmoy Paul



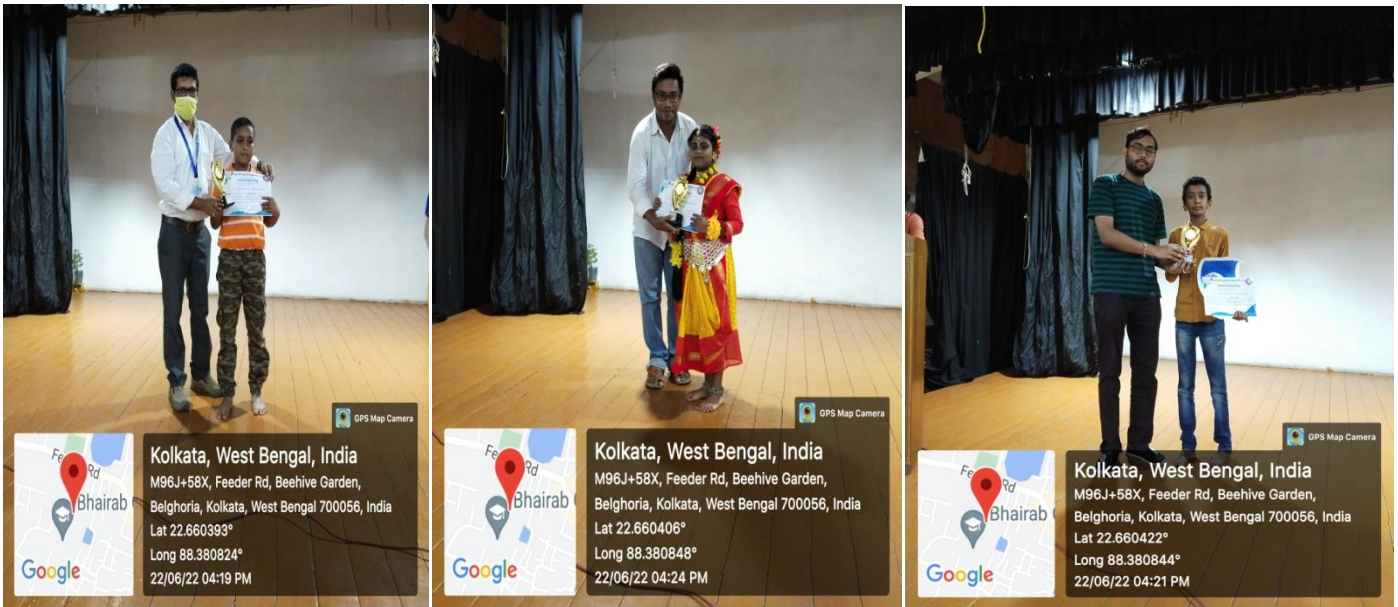
Cultural Programme : 1



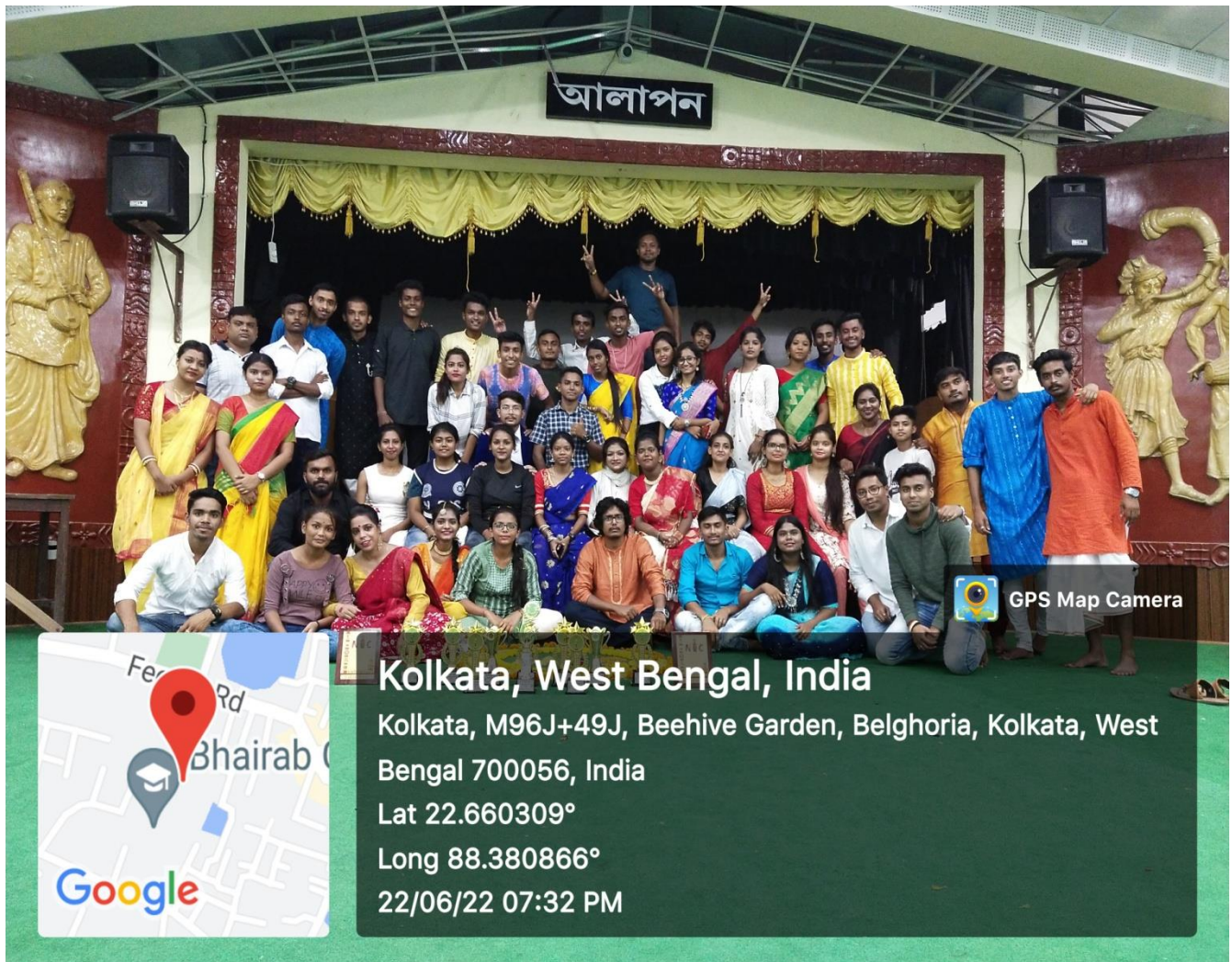
Some Cultural Activity: First & Second Presented by our NSS volunteers and third one performed by the children of Mohini Mill area.



Our NSS volunteers who have successfully participated in the National Camp (Pre R.D., NIC and Youth Festival) for the 2021-22 academic year.



Some of the highlights of the awards ceremony



Thanks